

FitBossElite Coaching Agreement & Waiver

Welcome to FitBossElite! This agreement ensures we're aligned so you can train with confidence and focus fully on your results.

1. Assumption of Risk

I understand that all training, workouts, and nutrition coaching involve some physical risks. I accept responsibility for my participation and agree to train safely.

2. Release of Liability

I release and hold harmless Charles Livers and FitBossElite (including staff, contractors, and affiliates) from any claims or liabilities that may arise from training activities.

3. Medical Clearance

I confirm that I am healthy and able to participate in fitness activities. If I have any medical conditions or injuries, I will inform my coach and follow medical advice.

4. Coaching Terms

I understand results depend on my consistency, nutrition, and effort. The training and nutrition materials provided are for my personal use only and may not be shared or resold.

5. Payment & Refund Policy

Payments are due at enrollment. Since programs are fully customized, they are non-refundable once started, unless otherwise required by law. Payment plans must be completed in full.

6. Agreement Duration

This agreement stays in effect for the duration of my coaching program, unless both parties agree in writing to end it earlier.

Client Name: _____ Date: _____

Signature: _____